

JUNIOR DEVELOPMENT PATHWAY

Tennis WBOP Junior Player Development Training Pathway and Resources



Tennis Western BOP JUNIOR Player PATHWAY

Mission

Tennis Western BOP

Tennis Western BOP's mission is to create a nurturing junior pathway that provides opportunities for a junior player in the Western Bay of Plenty to play, compete and be successful in both tennis and life.

Thirst for tennis, thirst for life!

Vision

Tennis Western BOP's vision is that junior players are empowered to learn, grow, and respond to opportunities with respect, passion, openness, and diligence within a safe tennis environment.

Values

Tennis Western BOP's aim is for players to immerse themselves in a culture of fun, support and guidance that builds self-confidence and resilience that is underpinned by a strong set of values.

Tennis WBOP aims to focus on overall player development: developing technical skills is a given. To truly **"perform"** requires:

- Passion to create an environment that will make juniors passionate about tennis for life.
- Enjoyment it is about fun, first and foremost!
- Respect behaviour is more important than how well a player play; respect for others is a cornerstone of our culture.
- Focus part of our junior development is focus; maintaining focus during coaching and match play is key to improving and succeeding.
- **Openness** openness means being honest, willing to learn and willing to help others.
- Resilience teach junior players to persevere to overcome obstacles; whether players are struggling to learn a new technique, or down by a set in match play, resilience is what they need to overcome it.
- Motivation we teach our players about the importance of self-motivation, particularly as they become more advanced, attending coaching sessions and maximising opportunities for match play.



Tennis Wester BOP recognise that junior player development, particularly in the early to mid-stages, occurs at club level. The junior player pathways set out in this document are intended to complement club level development by providing more opportunities for WBOP juniors to play competitive tennis. This document is divided into eight main categories:

Compete Club, local, regional, and national options available to the junior player to compete <u>Read</u> more	PLAYER (Self-Management) Personal development, what the junior players can do for themselves to improve <u>Read more</u>	
<u>PARTICIPATE</u>	PARENT (Support)	
Match play and fun events available to the junior	Supporting parents, parents supporting players,	
player to participate in <u>Read more</u>	knowledge, and communication Read more	
DEVELOP	COACH (Mentor)	
Junior players who want to take their game	The supporting role of the coach is essential for	
further, what is available <u>Read more</u>	the success of the junior strategy <u>Read more</u>	
JUNIOR CALENDAR	FUNDING	
As a result of the junior strategy, what does this	Player costs and available funding to implement	
look like in terms of a calendar <u>Read more</u>	the junior strategy <u>Read more</u>	
GIRLS PROGRAMME Girls' just want to have fun, a different approach to keep girls interested in tennis <u>Read more</u>	KPIs (Key Performance Indicators) Tennis Western BOP wants to ensure that the junior strategy has a positive effect on numbers <u>Read more</u>	





Tennis Western BOP aims to give junior players the opportunity to compete on a local and regional level in tournaments that count towards NZ ranking points (MatchHub, Configure Ranking), and to improve their own tennis rankings.

Tennis Western BOP Junior Masters Series TOURNAMENTS

The Junior Masters Series is an annual nationwide series conducted by Tennis New Zealand. Junior players can attend sanctioned Tier 1, 2, 3 tournaments which gives them the opportunity to earn points. At the end of the season the 8 highest point scoring juniors nationwide from each age group and gender compete in the Junior Masters Series finals.

Tennis Western BOP will run an annual Tier 2 tournament in June, which will attract high calibre players from across the nation, giving our players a valuable opportunity to test themselves against the best of New Zealand.

Otumoetai Tennis Club runs an annual Tier 3 tournament at the end of January. It caters for Orange and Green ball entries as well and attracts high calibre players from the rest of New Zealand.

Tennis Western BOP will be introducing a new Tier 3 tournament in 2022. The new tournament will be added to the 2022 Tennis NZ Tournament Calendar, attracting junior players nationwide and giving our regional players a second local Tier 3 tournament, attracting entries nationwide.

Tennis Western BOP clubs and coaches will promote and encourage all hotshots and junior players to participate in these tournaments.

Tennis Western BOP Tecnifibre Junior RESIDENTIALS

The TWBOP Tecnifibre Junior Residentials is an annual, regional tournament, meaning entry is confined to junior players in the Western Bay of Plenty only. This tournament counts towards NZ ranking points. To improve participation at this tournament it was decided that it will be scheduled as part of Junior Interclub (third week of Term 4) on a Saturday (singles) and Sunday (doubles). Interclub will be on hold for one weekend, giving all juniors a fair opportunity to experience the difference between tournament play versus interclub play.



Tennis Western BOP Junior INTERCLUB

Western BOP junior players from all abilities are encouraged by their clubs and coaches to participate in Junior Interclub. There are normally five divisions, with separate divisions for orange and green ball.

From this year (2021/22) Junior Interclub will be one continuous interclub, not two separate Interclubs (before Xmas, after Xmas). Junior Interclub is played on Saturday mornings, starting Term 4 (6 November) and continues after the school holidays in Term 1 until the last Saturday (9 April) before the end of Term 1.

Waikato Bays Junior Intra REGIONALS

Waikato Bays Junior Intra Regionals is an annual fixture between the following four regions: Western Bay of Plenty, Bay of Plenty, Waikato and Eastern. The top players in various age groups play against each other to win the trophy. Age groups and trophies:

- → U11 Gallagher Cup (26/27 February, Region A) 2 boys, 2 girls
- → U12 Mastercarvers Cup (5/6 Marc, Region B) 4 boys, 4 girls
- → U14 Shand Cup (26/27 February, Region A) 4 boys, 4 girls
- → U16 Wilson Cup (5/6 Marc, Region B) 2 boys, 2 girls
- → U18 Richardson Cup (26/27 February, Region A) 2 boys, 2 girls.

Tennis NZ NATIONAL Junior Events

Tennis Western BOP encourages all junior players to aim at playing in the national junior events. Selection for a National Teams Event is an honour for a player and a region. It is a unique event that few players in the country have the chance to compete in. It is fun, you make new friends, and you experience tennis as a team sport.

TEAMS Tennis NZ Junior Championships: Waikato Bays' top ranked juniors compete for their region against the rest of the country's best players for the ultimate prize of Region of the Year. The top four ranked junior girls and boys of age groups U12, U14 and U17 (by end of Jan of the year) get selected from the four regions (WBOP, BOP, Eastern and Waikato) to represent Waikato Bays at this prestigious national junior event. This event normally takes place at two different venues in the country, during April school holidays. Tennis Western BOP aims to increase WBOP player selection for this team's event though our Junior Strategy goals and objectives.

AON NZ Junior Championships: The AON NZ Junior Championships U18 is the premier NZ junior tournament and is held annually in December. The AON National Championships U16, U14 and U12 are the top-level age group events in NZ for junior players (annually in December).

The AIMS Games

Tennis Western BOP encourages all schools to enter their tennis players in the extraordinary AIMS games that are held in Tauranga every September. AIMS only allows entries from intermediate schools, Year 7 and Year 8. Players must be over 10 years of age and under 13 years of age. This is a great opportunity to compete against all other Intermediate Schools nationwide.

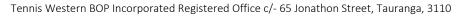


Coach Supported TOURNAMENTS

Tennis Western BOP will be selecting two regional tournaments, one in Rotorua (November) and one in Hamilton to encourage high performance players to travel together in ie a minivan with two coaches to go and compete together and support other regions tournaments at the same time. This will also be a fun event for junior players to kindle tennis friendships, create comradeship and experience team spirit.

Other Junior Club OPTIONS

High performance junior players should be encouraged by their coach to compete in senior interclub, as well as the different club championships on offer.





Tennis Western BOP HOTSHOT Circuit

These are tournaments that focus on fun and participation. Red ball, orange ball and green ball juniors are encouraged to participate in these events, as all players are rewarded for participation. Currently Gate Pa has three events:

- 1. Gate Pa Easter Hop Shots Tournament (Easter)
- 2. Gate Pa Hot Shots Green Ball SuperHero Slam (mid-May)
- 3. Gate Pa Christmas Cracker Hot Shots Tournament (mid-December).

The Otumoetai Tier 3 Junior Tournament at the end of January is a more serious ranking tournament. It also allows Orange and Green Ball players to enter, giving Hot Shots competitors a taste of real tournament conditions.

Tennis Western BOP encourages all the clubs in the region to add to this WBOP Hotshots Circuit.

Tennis Western BOP MINI-SERIES

Tennis Western BOP encourages junior players to participate in junior and senior Interclubs and all the other junior tournaments available in our region, nationally.

The **Tennis Western BOP Mini-Series** will give WBOP junior players more access to regular (NZ ranking) match play through the year. The Mini-Series will take place on Sundays, to avoid any junior tennis clashes on a Saturday. There will be six mini-series over a year, scheduled during the months of: **Aug, Sept, Oct, Apr, May, July**. **Orange** and **Green** ball junior players will be included. Each Mini-Series will take place at two different clubs (#1 orange/green ball, #2 yellow ball), on the same Sunday.

Tennis Western BOP is asking for 6 clubs and their coaches to organise and run one tournament. Mini Series will be club and coach led, revenue goes to the hosting club. The proposed playing format will be short sets to 4. As it is counting towards NZ ranking points clubs/coaches to schedule it via Tournament Software using Tournament Planner.

Tennis Western BOP Club PROGRAMMES

All WBOP junior players are encouraged to be part of their club programmes. Regional and club programmes complement each other, rather than being instead of each other. For tennis to prosper, for juniors to develop, the clubs and the region need to work together to build the love tennis pyramid, nationally. Most clubs offer a great **Friday Junior Club Social** event that encourages club juniors to come and join their club mates for some tennis fun on a Friday afternoon. The juniors have pizzas afterwards, and parents get a golden opportunity to sit on the deck with a drink in the hand to end the week and start the weekend. It is a parent/child match made in heaven. Tennis Western BOP encourages all clubs to have **Friday Junior Club Social** (with pizzas and open bar) in place.



Tennis Western BOP's vision for development squads is to create a culture of high performance while maintaining player enjoyment.

All development squad players must demonstrate the PERFORM values (see p.2), and I addition they must demonstrate:

- O Honour realise the honour to be selected, and therefore train and play with honour.
- Commitment must be committed to attend all squad training sessions, support local tournaments and be available for selection of intra-regional, inter-regional and national events.
- Contribution contribute during development squad training, contribute at development teams events; this includes contributing to the development of the whole squad.
- Teamwork older junior development players to lead by example; be aware that you are a role model for younger players both on- and off-court; be enthusiastic to take on mentoring roles to encourage younger players during coaching sessions, development tournaments and team events.

Tennis Western Bay of Plenty invites selected junior players to participate in **development squads** taking place every Monday during the school term. Development squads are high level training programmes, additional to current club programmes, that give the junior player the opportunity to be coached by high performance coaches. The Development squads also aim to teach players 'self-management' in a competitive environment. Players are divided into three groups, each group has two high performance coaches:

- Group 1 Dev Plus: Mondays, 4 5:30pm. Dev Plus players work mainly on basic swing and lower body mechanics. Sessions focus on:
 - → basic swing mechanics (groundstrokes, volleys, overheads and serves)
 - movement fundamentals (rally, attack and defend)
 - introduction to basic tactical patterns
 - ➔ doubles positions and movements
 - → pre competition drills (the scoring system works and how to use it).
- Group 2 Dev Excel: Mondays, 5 6:30pm. Dev Excel players work on technical advancement with more work done on tactical and live ball drills. Sessions focus on:
 - → technical tidy up (where needed)
 - more advanced movement patterns
 - → serve variations (spins and placement)
 - more advanced tactical patterns
 - → serve and return patterns

- attacking and defending sequencing
- more advanced doubles tactics
- → pre comp drills (understanding momentum).
- Group 3 Dev Top Dog: Mondays, 6 8pm. Dev Top Dog players have very little technical input. Most drills will be live ball drills looking mainly at technical scenarios. Sessions focus on:
 - ➔ rally/tempo drills
 - ➔ serve and first ball drills
 - → tactical drills working on (attacking, building, counter attacking and defending)
 - → match play, how to compete using the scoring system
 - ➔ advanced doubles patterns.

Tennis Western BOP will be **inviting the top 8 players (boys and girls)** in each age group, twice a year to join development squads to give all high-performance players a fair and equal opportunity to get involved in high performance coaching. Invitation will be dependent on age, ability, and discretion from coaches' input, and thus might be less in some age groups. Invitations will be communicated with clubs' junior convenors and club coaches, as junior development training and club coaching programmes complement each other.

There are three **Representative squads** (Sunday) scheduled each term. It is another opportunity for our top performing junior players to be involved with match play and getting great input from high performance coaches on their match play. We will extend our representative squads to be inclusive of orange and green ball players.

High performance junior players need to train as much off-court as on-court. Your fitness plays a crucial part in playing at your full potential for the entire time of a tournament. Unforced errors set in when you are fatigued, and injury also sets in when you are unfit. Tennis Western BOP is looking at introducing **cardio/fitness** squads fortnightly for a group of 10/12 advanced junior players at the Mount Tennis Club led by a WBOP coach.

Tennis Western BOP realises the need for our top junior players to have joint training sessions with top players of other Waikato Bays regions. These players play once a year together in the National Teams' Event and would benefit from getting to know each other better. This intra-regional squads will meet three times a year in Terms 2, 3 and 4. Tennis Eastern is keen to join in and for travelling reasons the Term 4 meeting will be held in Taupo to accommodate Tennis Eastern. Tennis Western BOP is to host the Term 3 squad, and Waikato to host it next year, Term 2. This squad will be instead of one of the four Sunday squads we have normally in a term.





Research has shown that we need to make additional effort to keep girls interested in tennis as a sport, thus a different approach to training and the sport is required. There are several reasons for girls dropping out of tennis at an early stage, but one reason is having to compete against boys during the early stages in tennis, ie red, orange and green ball.

Tennis Western BOP will organise a girls only training session with a WBOP tennis coach at Tauranga Lawn, fortnightly. These sessions will be focused at making tennis fun for girls.

There will also be other organised social tennis events for girls to boost tennis friendships and feeling part of a supportive tennis community.

DISCOVER:

- The LTA have today announced that they will be linking with Girl Guiding on a new project to help engage more young women and girls in tennis. The new pilot project will see young female leaders trained to deliver tennis sessions aimed at inspiring more women and girls to get involved with the sport... read more
- SheRALLIES Creating more opportunities for women and girls in tennis... read more
- Judy Murray leads campaign in Eastbourne inspiring girls to take up tennis... read more





Tennis Western BOP's approach to overall player development aims to develop a player's technical skills and tactical match play, but also developing sound values and behaviours that will help players to be more complete.

Player awareness of what is available and how you can improve your own Tennis NZ junior rankings is knowledge that is crucial if you choose a path to compete in tennis. You need your parent, your club, and your coach to assist you in being the player you want to be, but at the end it is up to you to oversee your fitness, mental and overall tennis goals.

If you are a high ranked junior player in NZ who aspires to focus and improve your tennis and physical fitness there are several amazing options available in Tauranga. If you are 15 and over one of the options is the Waikato University Adams Academy at Blake Park. Individual athletes must apply to be part of this programme, Tennis Western BOP can assist you in doing so. The \$35 per week programme includes:

- Up to 5 individually programmed sessions with a strength and conditioning or speed and agility coach per week.
- 1 free session per year (\$80) with the nutritionist.
- 1 free session per year (\$150) with the sport psychologist.
- 1 free Lab test per year with the University of Waikato (\$150) (VO2 Max, RMR, lactate, etc).
- Free access to all Bay Venues pool facilities (Mount Hot Pools, Bay Wave, Greerton, Otumoetai and Memorial).
- Athlete discount at Body In Motion Physiotherapy (\$10 off each session).

If you are +15 years of age you can join any gym by signing up as a student. ClubFit at Baywave offer a special membership for aspiring juniors who are under 15 years of age and which always allow for a personal trainer to be with the athlete.

Junior players are encouraged to keep a **Tennis Log and Diary** of their own performance in terms of technical/tactical (competition results and stats), physical (fitness), nutritional and mental. Keeping a record is vital to track your progress and maintain motivation levels. It gives you greater performance insight, but also teaches you valuable life lessons. You get to know yourself, your strengths, and your weaknesses. Analysis is extremely important for your player development. You get to learn and understand how you can use statistical data collected into your training regimens, but also your match strategy planning.

Another important tool to add to your tennis development is **Match Charting**. Typical reasons for pursuing Match Charting:

- better understand the game
- aid player development (strengths/weaknesses)
- analyse opponents (strategies / tactics)
- keep the mind occupied / control emotions (parents).

You've lost 6-1, 6-1 to a high ranked player in a 2-hour match, yet it does not feel like a loss. Using match charting allows you to analyse the match dynamics trough statistics. It enables you to identify the critical moments in the match and to "drill down" to discover the specific points in each game that swung the balance against you.

You will need the help of your parent to do a Match Chart of your game(s).

DISCOVER:

- O How to Analyse a Tennis Match? (www.tennismindgame.com/match-analysis.html)
- The Functional Tennis Match Sheet (www.functionaltennis.com/pages/free-functional-tennis-match-sheet)
- How to Chart a Match with an Excel Spreadsheet (www.spreadsheetsolving.com/how-to-chart-a-tennis-match/)
- **Description** ProTracker Tennis Charting Software () iPhone/iPad/PC
- SmashPoint tennis tracker and manager (www.smashpoint.pro), iPhone/iPad/Apple watch
- MatchTrack advanced tennis score keeper and charting app (www.apps.apple.com/pl/app/matchtrack/id977481057), iPhone
- Interesting Video on PlaySight and SmartCourts (advanced technology see www.youtu.be/M1eNjNvVoGM)





The parent plays an integral part of a junior tennis player sport experience. It is important that you, as the parent, supports and guides your athlete on their journey to achieve their tennis goals. You will be facing a lot of challenges along the way. There are tons of very useful and interesting articles online re High Performance Parenting that you might want to research. High Performance Parenting involves the consistent use of tools and strategies to help you find the successful balance between challenging and supporting. To become the best

PARENT

(sport) parent that you can be, it is important to arm yourself with knowledge to support and guide your player.

Tennis Western BOP

Tennis Western BOP aims to introduce a workshop for tennis parents once a year, to get a better understanding of tennis in New Zealand and an understanding of juniors taking the college scholarships path.

DISCOVER:

<u>A few good Tennis Parenting videos from USTA</u> (www.playerdevelopment.usta.com/competitive_junior/) <u>How to be a good tennis parent</u> (article) <u>Balancing Love and 40-love</u> (article) <u>Rick Macci (Serena's childhood coach) shares his tennis tips</u> (video to watch with your child)



The role of the coach in a junior player's tennis pathway and development is extremely important and should be approached with care and support. The coach needs the support of their club, parents, and region to assist the junior player in being the tennis player they strive to be.

It is the Coach's role to keep track of every player's development and steer them into Squad development and tournament participation to fulfil their goals and potential.

Coaches of the Western Bay of Plenty have various strengths and the junior player benefits from being coached by more than one coach.

One of our Western BOP coaches is highly qualified in mental toughness skills. Tennis Western BOP will organise a coach development workshop where he teaches other coaches mental toughness skills to empower them to include these ate club level coaching sessions.



Tennis Western BOP currently subsidises the Junior Development Programme, as follows:

- Subsidising the junior Monday Development squads,
- paying all cost re Sunday Representative squads, and
- paying entry fees of intra-regional fixtures and National Teams events.

To implement and execute additional changes to Tennis Western BOP's current junior development programmes, it is estimated that the Junior Strategy will need an additional funding of around \$23K on top of current parent and Tennis Western BOP funding.

The development of junior players will need financial support from individual junior players' parents. The following proposed fee schedule for participating in Tennis Western BOP's junior development programmes:

- Development Squad Players (all-inclusive option): Parents will be charged a monthly fee of \$80 for 10 months of the year. Parents will be invoiced on a quarterly basis. A development squad player has access to all the available development squads for \$80 per month, that includes: Sunday Representative Squad; Monday Development Squad; Wednesday Fitness Squad (fortnightly).
- 2. **Representative Squad Players (single option):** Invited Green ball players and development players who are unable to attend Monday Development Squads have the option to opt into Sunday Representative Squads, which is match play based. These players (excludes current paying Development Squad players) will be charged an annual fee, the following fee structure:
 - → Green Ball Players \$180 = \$15 a session, 3 sessions each term, 12 sessions a year.
 - → Yellow Ball Players \$300 = \$25 a session, 3 sessions each term, 12 sessions a year.
- 3. **Girls Squad Players:** The girls programme will be fully funded by a sponsor. Girls will be able to participate in this programme free of charge.

Parents to note that once you opt into a programme it is based on the same principal as signing up for a school sports programme. If you choose to go on holiday, you will not be refunded for sessions missed. If a player gets injured during the season the parents need to contact Tennis Western BOP manager.



To measure the success of this junior strategy Tennis Western BOP aims to achieve the following key performance indicators:

- → Increased participation in junior development squads. To achieve this, we plan to invite the top 8 junior players of each age group (U10 U18), twice a year. Previous complaints from development squad players have been about the timing and the venue of Monday sessions. Tennis WBOP changed the starting time of Group 1 to 4pm (previously 3:30pm) to accommodate those travelling to Papamoa. We are trialling the use of two venues (Tauranga LTC and Papamoa TC) fortnightly in Term 3.
- → In the next two to three years Tennis Western BOP wants to increase the number of WBOP junior players being selected for the Waikato Bays team at the National Teams event from the current 25% to 40%. To achieve this Tennis Western BOP aims to bring a larger group of players through by increasing the number of invitations, offering more local match (ranking) play and by improving communication so that parents and players have more time to compete in local, regional, and national events.
- → To increase the number of junior players participating in the annual Tecnifibre Tennis Western BOP Junior Residentials. This event took place in 2019 and then again in 2021. Tennis Western BOP aim to increase participation by 20%. By moving this event from April to November, for several reasons, to be part of our Junior Interclub circuit we hope to achieve a natural spike in participation.

JUNIOR CALENDAR

The calendar below incorporates all aspects of the junior development programme, giving the junior a range of match play, fun events, as well as competitive local, regional and national exposure :

	JANUARY	FEBRUARY	MARCH
000	OTC Tier 3 Tournament Waihi Beach OPEN Tournament TWBOP Invitations Top 8 (squads)	 Waikato Bays Intra Regionals (U11, U14, U18) TWBOP Junior Interclub TWBOP Junior Squads (Mon/Sun) TWBOP Cardio/Fitness Squads TWBOP Girls Squads 	 Waikato Bays Intra Regionals (U12, U16) TWBOP Junior Interclub TWBOP Junior Squads (Mon/Sun) TWBOP Cardio/Fitness Squads TWBOP Girls Squads
	APRIL	ΜΑΥ	JUNE
000000000000000000000000000000000000000	TWBOP Junior Squads (Mon/Sun) TWBOP Cardio/Fitness Squads TWBOP Girls Squads TWBOP Mini-Series Gate Pa Easter Hop Shots Tournament TWBOP Junior Interclub (Ends) TEAMS Tennis NZ Junior Championships (U12, U14, U17)	 TWBOP Tier 3 Tournament (NEW addition TBC) TWBOP Junior Squads (Mon/Sun) TWBOP Cardio/Fitness Squads TWBOP Girls Squads WBOP Mini-Series Gate Pa Hot Shots Green Ball SuperHero Slam (mid-May) Waikato Bays Joint Squad Training (Waikato) 	 TWBOP Junior Squads (Mon/Sun) TWBOP Cardio/Fitness Squads TWBOP Girls Squads TWBOP/TNZ Tier 2 Tournament (NEW addition)
	JULY	AUGUST	SEPTEMBER
00000	TWBOP Junior Squads (Mon/Sun) TWBOP Cardio/Fitness Squads TWBOP Girls Squads TWBOP Mini-Series TWBOP Invitations Top 8 (squads) 11 & 25 Jul, Waikato Graded Tournament (Hamilton)	 TWBOP Junior Squads (Mon/Sun) TWBOP Cardio/Fitness Squads TWBOP Girls Squads TWBOP Mini-Series Waikato Bays Joint Squad Training (WBOP) & & 22 Aug, Waikato Graded Tournament (Hamilton) 	 TWBOP Junior Squads (Mon/Sun) TWBOP Cardio/Fitness Squads TWBOP Girls Squads TWBOP Mini-Series 5 & 26 Sep, Waikato Graded Tournament (Hamilton)
	OCTOBER	NOVEMBER	DECEMBER
00000000	TWBOP Junior Squads (Mon/Sun) TWBOP Cardio/Fitness Squads TWBOP Girls Squads TWBOP Mini-Series Waikato Bays Joint Squad Training (Taupo) TWBOP Primary Schools Champs TWBOP Intermediate Schools Champs	 TWBOP Junior Interclub (Start) TWBOP Tecnifibre Junior Residentials Rotorua Junior Tournament (minivan) TWBOP Junior Squads (Mon/Sun) TWBOP Cardio/Fitness Squads TWBOP Girls Squads 	 TWBOP Junior Interclub TWBOP Junior Squads (Mon/Sun) TWBOP Cardio/Fitness Squads TWBOP Girls Squads Gate Pa Christmas Cracker Hot Shots Tournament (mid-December) Mount TC Open Tournament AON NZ Junior Championships

For more detailed calendar information please visit the <u>Tennis Western BOP Calendar</u>, the <u>TNZ Tournament website</u> and/or the <u>TNZ Events Calendar</u>.

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